

WE CLAIM:

1. A fastening element for detachably fixing two members, in which said fastening element comprises a fastening member having an extensible member
5 incorporating therein an indicator capable of visually showing a degree of extension and contraction.

2. A fastening element according to claim 1, wherein said indicator comprises lines, patterns, numerals, symbols, illustrations, pictures, photographs, color charts, color
10 codes or their combinations.

3. A fastening element according to claim 1, wherein said indicator is a print pattern printed at least partially to a surface of said extensible member or inside said extensible member, and said print pattern is deformable in accordance with extension and
15 contraction of said extensible member.

4. A fastening element according to claim 1, wherein said indicator comprises a color chart printed at least partially to the surface of said extensible member, and said color chart comprises color regions of two or more colors that regularly change in a
20 predetermined direction.

5. A fastening element according to claim 4, wherein said color chart is covered with a cover having a window-type opening at a substantial center of said color chart.
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6. A fastening element according to claim 1, wherein said indicator comprises a colored porous sheet applied at least partially to the surface of said extensible member, and the color of said sheet is changeable in accordance with extension and contraction of said extensible member.
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7. A fastening element according to claim 1, wherein said fastening member and said extensible member have a unitary structure.

8. A fastening element according to claim 7, wherein said fastening member and said extensible member are unified adjacent to each other.

5 9. A fastening element according to claim 7, wherein said fastening member is unified with a part of said extensible member.

10 10. A fastening element according to claim 1, wherein said fastening member is one of the constituent members of a mechanical fastener.

11. A fastening element according to claim 1, wherein said fastening member is an adhesive tape having an adhesive layer.

15 12. A fastening element according to claim 1, which is fitted to a tab, an ear or a belt of a disposable diaper.

13. An article comprising said fastening element described in claim 1.

20 14. An article according to claim 13, which is a disposable diaper.

15. A disposable diaper according to claim 14, which is an open type disposable diaper, and said fastening element is fitted to a tab, an ear or a belt of said disposable tab.